

GLUTEN FREE DIETARY GUIDE



Our Hand-cut fries & Wings are all naturally gluten-free **HOWEVER**, Due to the use of a single fryer, all our fried items may contain traces of gluten and are not safe for those with celiac disease or severe gluten sensitivities.

If you are 100% gluten free best side options are a salad (please request gluten free panko for kale caesar) or sauteed vegies and please request your burger 'cooked in a pan'.

Our Burgers/Sandos can all BE MADE gluten-free by requesting it lettuce wrapped (at no cost) or with a Gluten-Free bun (+\$2)

Our Onion Rings, Buffalo Mac n' Cheese Balls, Fried Pickles, Mozzarella Sticks, Jalapeno Poppers, Mac n' Cheese, Crawfish Mac n' cheese, Fat Cat Mac n' cheese, Salmon Cakes
Housemade Chili, Guinness Caramelized Onions (Beer)
Donut Burger, Chicken Tenders, Mini Corn Dogs, Bread pudding & Fat Cat Cookie
ALL contain Gluten & cannot be modified

Kale Caesar, - request GF or no-panko

Sweet Potato Fries - only contain potato starch & rice flour (consider fryer contamination)

ALL Proteins contain no fillers and are Gluten Free
House-made Black Bean Burgers contain only GF Panko & rice flour
Beyond Meat Burgers - GF as of 2025

Our In-house soy sauce is Gluten Free Tamari

Ahi Tower - Request lettuce cups, for Wonton chips substitute

PLEASE NOTE: Hoisin in our Thai Chili Tacos & Ahi Tower marinade contains trace amounts of wheat flour - NOT celiac-friendly but these items can ordered without the marinade, sauce on side or sub for side of GF Soy Sauce / just the thai chili sauce.

Gluten-Free Sauces:

Catsup, Mustard, Dijon Mustard, Honey Mustard, A1 Steak Sauce
Whiskey Glaze, Buffalo Sauce, Thai Chili
Ranch, Sriracha Ranch, Thousand Island, Blue Cheese
Garlic Aioli, Green Chili Aioli, Red Pepper Aioli
Balsamic Vinaigrette, Cilantro pepita, Caesar, Balsamic Glaze
Cheese Sauce, Wasabi Cream

IF YOU HAVE ANY CONCERNS/QUERIES WE HAVE DETAILED INGREDIENT LISTS OF ALL PRODUCTS
- PLEASE ASK YOUR SERVER