

# DAIRY & GLUTEN FREE DIETARY GUIDE



Our Hand-cut fries & Wings are all naturally dairy & gluten-free **HOWEVER**, Due to the use of a single fryer, all our fried items may contain traces of gluten & dairy and are not safe for those with celiac disease or severe gluten /dairy sensitivities.

Best side options are a salad (dressing list below) or sauteed vegies and please request your burger 'cooked in a pan'.

Our Burgers/Sandos can all BE MADE gluten/dairy-free by requesting it lettuce wrapped (at no cost) or with a Gluten-Free bun (+\$2) & by substituting Vegan Cheddar cheese/ ordering No Cheese

Our Onion Rings, Buffalo Mac n' Cheese Balls, Fried Pickles, Mozzarella Sticks, Jalapeno Poppers, Mac n' Cheese, Crawfish Mac n' cheese, Fat Cat Mac n' cheese, Salmon Cakes, Housemade Chili, Guinness Caramelized Onions (Beer) Donut Burger, Chicken Tenders, Mini Corn Dogs, Bread pudding & Fat Cat Cookie & GF Brownie **ALL contain Gluten &/or Dairy & cannot be modified**

Sweet Potato Fries - only contain potato starch & rice flour (consider fryer contamination) Request Fat Cat Garlic Parmesan fries without Parm for dairy free option

ALL Proteins contain no fillers and are Gluten / Dairy Free  
House-made Black Bean Burgers contain only GF Panko & rice flour.  
Beyond Meat Burgers - GF as of 2025

Our In-house soy sauce is Gluten Free Tamari

Ahi Tower - Request lettuce cups, for Wonton chips substitute & no Wasabi Cream

PLEASE NOTE: Hoisin in our Thai Chili Tacos & Ahi Tower marinade contains trace amounts of wheat flour - NOT celiac-friendly but these items can be ordered without the marinade, sauce on side or sub for side of GF Soy Sauce / just the thai chili sauce.

## Gluten & Dairy -Free Sauces:

Catsup, Mustard, Dijon Mustard, Honey Mustard  
Whiskey Glaze,, Thai Chili, A1 steak sauce,  
Ranch, Sriracha Ranch, Thousand Island, Blue Cheese  
Garlic Aioli, Red Pepper Aioli, Thousand Island  
Balsamic Vinegarette, Cilantro pepita, Caesar, Balsamic Glaze,

IF YOU HAVE ANY CONCERNS/QUERIES WE HAVE DETAILED INGREDIENT LISTS OF ALL PRODUCTS  
- PLEASE ASK YOUR SERVER